

Body Sculpting & Skin Treatments

Price List & Specials For Men & Women



Whether you're looking to lose stubborn fat, reduce cellulite, improve your skin, or tone and sculpt your body, this guide gives you all the pricing and treatment info in one place. It's designed to make things easier, so you know exactly which treatment suits your goals.

🪵 WOOD THERAPY

Helps break down cellulite and fat deposits, improve circulation, and promote lymphatic drainage. Clients often describe this treatment as deeply relieving.

- Targeted Area (15 min): R340
- Full Body (50 min): R740

❄️ FAT FREEZING

Freeze away fat in a specific problem area. This non-invasive treatment uses controlled coolness to break down stubborn pockets of fat. The result? A slimmer, tighter silhouette.

- Lower Abdomen (30 min): R1,089
- 2 Applicators (30 min): R1,826

Treatment areas for 2 applicators include:

Upper & lower tummy, bra fat, back fat, inner/outer thighs, knees, love handles, arms, back, below the bum, and male chest.

The following treatments require a minimum of 6 sessions:

💡 LIPO LASER

A non-invasive laser that gently targets fat beneath the skin to reshape and contour. Clients love the visible slimming results without discomfort.

- Per Area (50 min): R699

🔊 ULTRASONIC CAVITATION

Ideal for slimming overall, especially if you're targeting areas with more volume. It's a non-invasive treatment that uses ultrasound waves to break down fat cells and contour larger areas like your tummy, arms, or thighs.

- Per Area (30 min): R699

Examples areas:

Both arms (R699) | Front of legs (R699) | Back of legs + Bum (R699)

🔥 RADIO FREQUENCY (RF)

Delivers deep heat to stimulate collagen, lift and firm the skin. Great for post-weight loss firmness or fine lines.

- Body (30 min): R699
- Face (30 min): R740

💧 NANO INFUSION

A needle-free treatment that targets wrinkles, pigmentation and dullness. Think of it as a gentle alternative to micro-needling.

- Facial (30 min): R730

💡 LED LIGHT OXYGEN THERAPY

Uses specific light wavelengths to target skin concerns like dullness or fine lines. Skin feels refreshed and rebalanced.

- Per Session (30 min): R380

⚡ EMS SCULPT & TONE

Uses electrical impulses to contract muscles and improve tone in areas like tummy, glutes or arms. Popular with both men and women. Not available at Gen Marais, Benoni, or Randpark.

- Per Treatment (30 min): R680

January Specials - holiday reset combo deals

Note: All January specials end on the 31 January 2026

Platinum Holiday Reset Package - R13 000

Valued at R16234 (save R3247)

This is the ultimate transformation package, designed for clients who are serious about kick-starting their body goals with professional guidance, structure and consistency.

You get 20 Body Sculpting Sessions in total

The Package:

4 Cups Fat Freeze

Plus choose any 18 Body Treatments below:

Lipo Laser / Ultrasonic Cavitation / RF Skin Tightening / Wood Therapy / EMS Sculpt & Tone (EMS available at selected studios)

Gold Holiday Reset Combo - R7612

Valued at R9515 (Save R1903)

This combo is ideal if you want visible results, improved tone, and structured start to the New Year.

You get 12 Body Sculpting Sessions in total

The Package:

2 Cups Fat Freeze

Plus choose any 11 Body Treatments below:

Lipo Laser / Ultrasonic Cavitation / RF Skin Tightening / Wood Therapy / EMS Sculpt & Tone (EMS available at selected studios)

January Specials – More fabulous combo deals

Note: All January specials end on the 31 January 2026

Bronze Holiday Reset Package – R4816

Valued at R6020 (save R1204)

This is the perfect entry-level reset package to help you ease back into body sculpting after the holidays and target one focused area.

You get 7 Body Sculpting Sessions in total

The Package:

2 Cups Fat Freeze

Plus choose any 6 Body Treatments below:

Lipo Laser / Ultrasonic Cavitation / RF Skin Tightening / Wood Therapy / EMS Sculpt & Tone (EMS available at selected studios)

A brief overview of each treatment:

Fat Freeze: Targets and reduces stubborn fat areas using cooling technology, area specific e.g arms, abdomen, bra fat, back of arms, inner/outer thigh, love handles.

Lipo Laser: Targets fat cells to support body contouring, used on any part of the body.

Ultrasonic Cavitation: Targets stubborn fat, helps reduce cellulite and contours.

RF Skin Tightening: uses heat to penetrate the deeper layers of the skin, encouraging firmer, smoother and more toned skin.

Wood Therapy: A manual contouring technique, helps smooth, shape and improve circulation in targeted areas.

EMS Sculpt & Tone: Electrical muscle stimulation causes strong muscle contractions to help tone, strengthen, and define muscles.

Before & After Results

Why Clients Love Our Body Treatments



Body Sculpt On The Go

Why Do Men & Women Choose Us?



No Surgery Needed 😊



You'll see real results within the first 2 weeks, with noticeable changes after every session. No downtime, no stress. It's gentle, quick, and fits into your normal routine.



Painless & Needle-Free 🌸

No needles. No cuts. No pain. Just calm, comfy sessions that help you relax while your body does the work. This is body care — made easy.



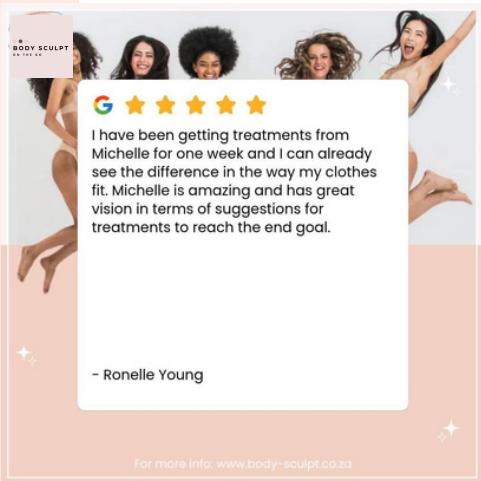
Results That Stick ✨

That smoother skin and firmer shape? It's not just temporary. These results last, and that stubborn fat? It's gone for good. You'll feel it — and see it.



Client Testimonials

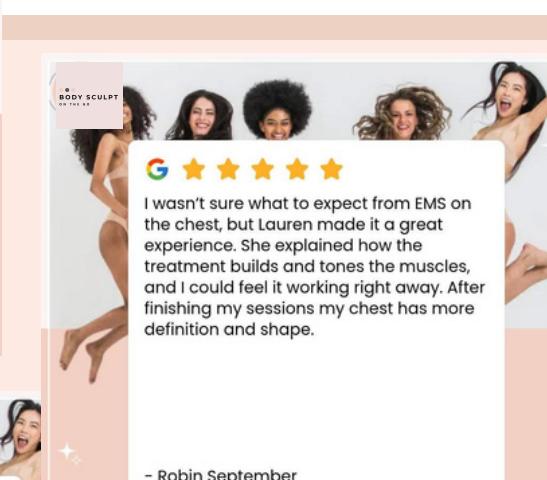
Why Clients Love Our Treatments



G ★★★★★
I have been getting treatments from Michelle for one week and I can already see the difference in the way my clothes fit. Michelle is amazing and has great vision in terms of suggestions for treatments to reach the end goal.

- Ronelle Young

For more info: www.body-sculpt.co.za



G ★★★★★
I wasn't sure what to expect from EMS on the chest, but Lauren made it a great experience. She explained how the treatment builds and tones the muscles, and I could feel it working right away. After finishing my sessions my chest has more definition and shape.

- Robin September

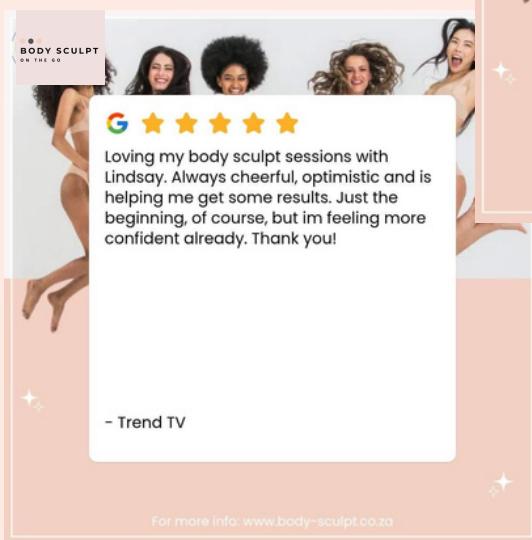
For more info: www.body-sculpt.co.za



G ★★★★★
She is such a sweet and kind person she is very interacting she makes sure her clients feel comfortable and feel welcomed. She asks questions to ensure that you are okay while she is doing the therapy she is considered TOTALLY Recommend !!!

- Monica Gouveia

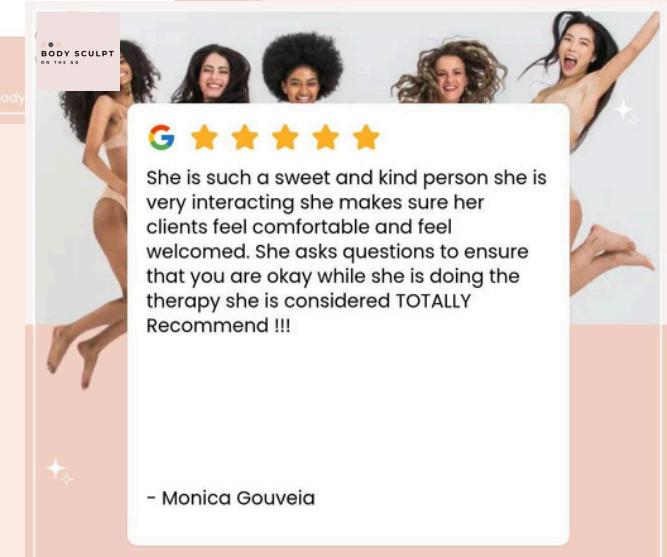
For more info: www.body-sculpt.co.za



G ★★★★★
Loving my body sculpt sessions with Lindsay. Always cheerful, optimistic and is helping me get some results. Just the beginning, of course, but I'm feeling more confident already. Thank you!

- Trend TV

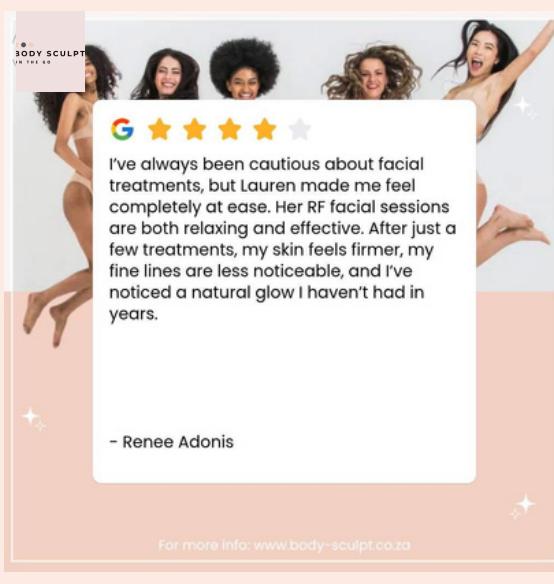
For more info: www.body-sculpt.co.za



G ★★★★★
She is such a sweet and kind person she is very interacting she makes sure her clients feel comfortable and feel welcomed. She asks questions to ensure that you are okay while she is doing the therapy she is considered TOTALLY Recommend !!!

- Monica Gouveia

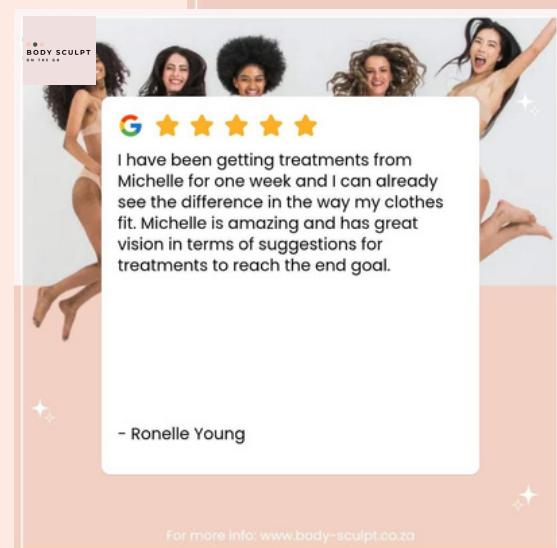
For more info: www.body-sculpt.co.za



G ★★★★★
I've always been cautious about facial treatments, but Lauren made me feel completely at ease. Her RF facial sessions are both relaxing and effective. After just a few treatments, my skin feels firmer, my fine lines are less noticeable, and I've noticed a natural glow I haven't had in years.

- Renee Adonis

For more info: www.body-sculpt.co.za



G ★★★★★
I have been getting treatments from Michelle for one week and I can already see the difference in the way my clothes fit. Michelle is amazing and has great vision in terms of suggestions for treatments to reach the end goal.

- Ronelle Young

For more info: www.body-sculpt.co.za

Body Sculpt On The Go: Terms and Conditions

Consultation Fee:

A consultation fee of **R200** applies to all new clients. This fee is non-refundable if no treatment is booked. If you proceed with a treatment, the consultation fee will be deducted from the total cost of that treatment/package.

Booking Deposit:

To secure any treatment or package, a **R500 deposit** is required at the time of scheduling. This deposit applies to all services regardless of treatment type or package size.

Cancellations and Rescheduling:

We kindly ask that you cancel or reschedule **at least 24 hours before** your appointment. This allows us time to fill your slot and accommodate other clients.

Late or Last-Minute Cancellations:

Late cancellations (less than 24 hours' notice) will result in the loss of your R500 deposit for individual treatments, or forfeiting that session if you have purchased a package.

Arriving Late:

If you arrive late, your treatment time will be reduced accordingly to avoid delaying the next client.

No-Shows:

Clients who do not attend their appointment without notice will not be permitted to make another booking.

Package Validity:

All packages must be used **within two months of purchase**. It is the client's responsibility to ensure all sessions are booked and completed within this timeframe.

Refund Policy:

We do **not** offer refunds under any circumstances.

Thank you for your understanding and for respecting our policies.

We appreciate your cooperation in helping us provide the best possible service to all our clients.